

The Phenomenology in Family Constellations

Lecture with
Nicholas Vayiakakos

Thursday evening April 24th, 2014

Family Constellations, as developed by Bert Hellinger, is founded on phenomenology. The content of a constellation is observed and interpreted from a phenomenological perspective.

Nicholas Vayiakakos has synthesized Hellinger's teachings about phenomena in Family Constellations in nine *Vital Movements*:

1. The Transition from Problem to Solution
2. From Innocence to Guilt and back again to the Bond of Love
3. The Transformation of Individuality by Belonging and Bonding
4. Movement of the Child towards the Adults – and the opposite...
5. Movement of the Conscience
6. Movements during the Constellation
7. Movements beyond Conscience
8. The Transubstantiation of the Present
9. The Transformation of Illness to the source of Self Healing

These *Vital Movements* reveal the inner dynamics in family systems and present the system's state of disorder or its internal energy to produce exchange with other human systems. That which really happens in a constellation cannot be answered in a causal or linear way. Instead, we need to look very carefully to the unfolding movements of the representatives and how their exchange with the Constellation environment is producing meaningful "signs". These "signs" may act like "anchors" in the facilitator's mind, linking us direct with the phenomenological thinking behind Constellations.

Nicholas Vayiakakos

Facilitator and Trainer in *Systemic Constellation Work* (Family and Organizational Systemic Phenomenology) for 10 years, having being trained with Hellinger, Beaumont, Weber, Mahr, Schneider, Baxa et.al. He practices *Deep Memory Process & Ancestors Work* of R.Woolger, and delivers *NLP & Coaching* certification studies to professionals.

Founder & Director of the *Life Alphabet® Institute*, an Athens-based Centre for Personal and Professional Development since 1999, he develops with his wife Anna and deliver, experiential training programs and counselling to individuals, couples and group clients.

Nicholas is the Editor of the LIFE ALPHABET® EDITIONS - with more than 30 titles in the series of "Systemic Thinking & Praxis" and "Transpersonal Fields", and author of the book "Basic Principles of Family Constellation of Bert Hellinger". He has translated from Swedish into Greek and published Charlotte Palmgren's book "*If only you knew how much I love you!*" *About love in family relations. A book about Bert Hellingers Family constellations* (2008).

The lecture is in English and includes Systemic Exercises with all of the participants. Coffee/tea during break.

Venue: Tengdahlgatan 32, PsykosyntesAkademin, Stockholm (Södermalm)

Time: 6.30 p.m. – 9.30 p.m.

Price: SEK 500 (incl. VAT) in cash

Application: Before April 20th to Gunilla Boivie, info@askis.se