

THE APPLE FACTOR

SYSTEMIC SOLUTIONS WORKSHOP

Based on the same titled book by Bertold Ulsamer, Life Alphabet Editions
THE “APPLE FACTOR” REVEALS HIDDEN DYNAMICS AND INDICATES NEW & FUNCTIONAL SOLUTIONS IN CAREER AND PROFESSIONAL LIFE.

- Why are some people tripping up their own professional growth and boycott their own success?
- Why are they burnt out so often, especially the ones working in social professions?
- Which needs may be fulfilled by profession? Recognition, Authority, Power and Money?
- How is it possible to understand and rectify or resolve, problems with authority?

A glance in the past releases us from the future...

“Apple under the tree will fall”

This proverb is constantly reconfirmed in business and professional life. A glance in our family history may prove extremely enlightening for comprehending the causes of our internal satisfaction and our external success – as well as the background for experienced dissatisfactions and failures. He who knows what affects him, he may also overcome these interfering programming that secretly strike out our growth.

With the help of phenomenology, in the context of the Systemic Constellation Work, we work experientially and innovatively in finding **the appropriate personal solution** – and only that. This ground-breaking work has been documented with detail in the book *Der Apfel-Faktor* by **Bertold Ulsamer**, Koesel Verlag.

Welcome to this workshop where you can get a “systemic insight” into your own career choices, through the lectures and demos provided by the facilitators, as well as dive into your own themes in exercises and constellations.

Anmälan till info@askis.se, eller via askis.se

- 8-18 deltagare. Fika serveras i pauserna.
- Pris 1550 kr + moms för företag, be om faktura. Privat: swisha 1550 kr till Creere AB på 123 395 1555.
- Plats: Torsgatan 63, Vasastan i Stockholm. T-bana St Eriksplan, buss 3, buss 4, 73 mfl stannar i närheten.

SYSTEMIC DYNAMICS IN THE CONTEXT OF THE “APPLE FACTOR”:

- Drunk in the workplace—OR—how the excluded are represented
- The reluctant manager at the office—OR—what the leadership role demands
- Mood changes in the workplace—OR—when a child’s longing is blurring the view
- The insecure business woman—OR—why women face more difficulties
- Working with disabled people—OR—choosing profession due to family reasons
- The difficult co-operation with the husband—OR—how family and professional conflicts are caused
- Whoever reconciles with his/her parents strengthens his own powers...

Facilitatorer

Nicholas Vayiakakos,
Life Alphabet Systems,
& Gunilla Boivie, ASKIS.

Läs mer på nästa sida.

www.askis.se



Facilitators

The Apple Factor Workshop



Nicholas Vayiakakos, Life Alphabet System

A counselor in Personal & Professional Development and a Human Resources Experiential Learning facilitator since 1985, Nicholas Vayiakakos has extensive experience in implementing programs on Systemic Thinking & Praxis, Phenomenology of Human Systems, Organizational Change, Self-Managed Leadership and Professional Coaching to business groups, corporate executives, private individuals and couples. He has been specifically trained in *Phenomenological Counseling* and in *Systemic Organizational Work* (2001-2006, Hellinger, Beaumont, Schneider, Weber et.al.), in *Deep Memory Process* (2008-2011, Dr. Roger Woolger) and in *NLP* (2001-2003, UK, US).

Since 1999, where he represented the world famous seminars ISW on self-managed leadership of the University of Santa Monica US, Nicholas gradually developed in Greece and Cyprus the LIFE ALPHABET System & Training Center. Their main services include experiential trainings and professional studies in Systemic Phenomenology (Organizational and Family Systems), Systemic Constellation Work, NLP, Professional Coaching, Solution-Focus Brief Therapy, and by all means the Essence Leadership seminars. In 2014, Nicholas set up together with specialist teachers and Institutes from Europe and US, an innovative research and training program on Transpersonal Education, based in Athens and Santorini. In LIFE ALPHABET's Programs, a number of esteemed trainers/therapists have been members of faculty, including Jacob & Sieglinde Schneider (D), Guni Baxa (A), Geir Dale (NO), Dr. Roger Woolger (UK), Prof. Les Lancaster (UK), Dr. Vitor Rodrigues (PT), Irene Bramos (US), Mark Wentworth (UK) and Charlotte Palmgren (Sweden).

Nicholas is also the editor, together with his partner Anna Saliverou, of the LIFE ALPHABET EDITIONS, emphasizing in the series of "*Systemic Thinking & Praxis*" and of "*Transpersonal Fields*" with a collection of more than 50 titles so far (translated from English, German, Swedish, Norwegian, and Spanish and in the Greek language). He is the author of 3 systemic books, of which the latest, *Initiation into Adulthood*, is going to be published in 2017 in English. He has presented his work in many professional and academic conferences, through workshops, lectures and exhibitions, in Greece and abroad. Also, he has been a member of the Association of NLP (UK), Association for Coaching (UK) and the International Systemic Constellation Association (ISCA).

Gunilla Boivie, ASKIS

Gunilla Boivie has a diploma in Psychosynthesis Therapy* (2011) and in Systemic therapy, Family Constellations* (2010), and has worked as a therapist individually since then, and with groups the last years. In 2011, she founded her training institute ASKIS, the Academy for Systemic Constellations in Sweden, which has its roots in the early trainings in Systemic Constellations in Sweden in the 1990's**. She is honored and proud to carry this important work on, with workshops and individual sessions with family constellations, as well as shorter courses and longer trainings in co-operation with other institutes.

Since Gunilla discovered the philosophy and methodology of the Systemic Constellation work, it has been a guiding light in her life and in her profession. She is very inspired by her first trainer and mentor, Dr Albrecht Mahr, and later also Constanze Lang and Charlotte Palmgren, as well as Karen Hedley, Guni Baxa and Christine Blumenstein-Essen, Judith Hemming, Rosina Wellman and Jan Jacob Stam. Together with Dr Albrecht Mahr, Gunilla arranged the first extended supervision group in Sweden for experienced facilitators, and she continues to offer trainings and counseling with Systemic Constellations through her institute ASKIS.



* both at the Psychosynthesis Academy in Stockholm, Sweden.

** via Inkludera