

The Phenomenology Inquiry

Your Body Mind Perception as a “Systemic Guide”

The way we interact with others, how we look at, speak and listen to people, how close or far away, and how we touch. All of these interactions give us a clue of what our system of origin is like, how our family system behave. Similarly, our preferred manner of interaction gives us a picture of the culture we come into this life with. Some of which is fairly familiar to us, while other parts show up as a complete surprise, but all of which have an influence on our current reality, our past and future destiny.

During this seminar, participants will become aware of how their own automatic bodily movements, perceptual biases and automatic mind sequels play out in different human interactions. We will achieve this through

what is called **Phenomenology Inquiry**. That is, by receiving information through the senses (Body-Feelings-Mind perception), participants will explore and find out the personal meaning of various phenomena in their lives. In the end, participants will have revealed their own experience of the Phenomenology of Self, having taken the first big step through the gate of Systemic Phenomenology.

Five Ways of Integrating Human Contact

Closeness, Touch, Visual Contact, Speaking and Listening to the other person

Five Essential Ways of Doing

Providing, Pushing, Reaching, Grabbing, Pulling

Three Levels of Phenomenological Inquiry

On Perceiving (through the Senses), On Meaning (through the Mind),

On Being (through Space and Time)

Structure and learning

Learning in this program is attained in a **phenomenological** fashion. You will be participating in your experience as a learning member of this seminar and, at the same time, you will be experiencing your participation in relation to the other members and to every theme. Experiential learning means that you will be in the “driver’s position” all the time.

and the Saying:

“All Problems are psychological. All Solutions are spiritual. And all Experiences are physical”.

Dates, Hours

Weekend **February 17-18, 2018.**

Seminar hours:

Saturday 10-18 & Sunday 10-17.

Facilitators

Nicholas Vayiakkakos &
Anna Saliverou,
Life Alphabet System
Gunilla Boivie, ASKIS

And more:

This seminar also serves as an introduction to, and a familiarizing of, participants of the systemic thinking that is further deepened in the longer training offered April-October 2018, **The Phenomenology of Human Systems, Systemic Thinking and Praxis.**

Facilitators



Nicholas Vayiakkos, a Counselor in Personal & Professional Development and an experienced Human Resources Trainer & Consultant, Nicholas is specialized in implementing programs on Systemic Thinking & Praxis, Phenomenology of Human Systems, Organizational Change, Self-Managed Leadership and Professional Coaching to business groups, corporate executives, private individuals and couples. He has been specifically trained in *Phenomenological Counseling* and in *Systemic Constellation Work* (2001-2007, Hellinger, Beaumont, Schneider, Weber et.al.), in *Deep Memory Process* (2008-2011, Dr. Roger Woolger) and in *NLP* (2001-2003, UK, US). Founder & Co-Director of the *Life Alphabet® System*, an Athens-based Centre for Personal and Professional Development since 1999, he develops with his partner Anna Saliverou and deliver, training programs and counselling services to individuals, couples and corporate clients. In 2014, Nicholas set up together with Dr. Vitor Rodrigues, an innovative program on Transpersonal Education, based in Athens and Santorini.



Anna Saliverou, facilitator & Counsellor in *Systemic Constellation Work* (Family and Organizational Systemic Phenomenology), Anna specializes in *Transpersonal Work* through archetypes in *Colour Psycho-Dynamics (CPD)* and in *Figures Constellations*. She is also certified as a *NLP & Personal Coaching Practitioner* and a graduate of the Aegean University Child Psychology/Psychiatry and Counselling studies.

Together with her partner Nicholas Vayiakkos, are the Editors of the LIFE ALPHABET EDITIONS - with more than 50 titles published in the series of “Systemic Thinking & Praxis”, “Transpersonal Fields” and “Holistic Therapies” (publishers of Charlotte Palmgren in Greek), and author of the book “Tastes of Love”.



Gunilla Boivie, a Psychosynthesis Therapist and Systemic therapist (Family Constellations, both from the Psykosynthesis Academy 2011, 2010), has worked as a therapist individually since then, and with groups the last years. In 2011, she founded her training institute ASKIS, the Academy for Systemic Constellations in Sweden, which has its roots in the early trainings in Systemic Constellations in Sweden in the 1990's. She is honored and proud to carry this important work on, with workshops and individual sessions with family constellations, as well as shorter courses and longer trainings in co-operation with other institutes. Together with Dr Albrecht Mahr, Gunilla arranged the first extended supervision group in Sweden for experienced facilitators, and she continues to offer trainings and counseling with Systemic Constellations through her institute, ASKIS.

ASKIS
AKADEMIN för SYSTEMISKA
KONSTELLATIONER i SVERIGE



More information:

www.askis.se

Prices Early Bird (ends December 29)

SEK 3100 + VAT, SEK 775, SEK 3875

Prices after December 29

SEK 3400 + VAT, SEK 850, SEK 4250

Last date to apply: January 17, 2018.