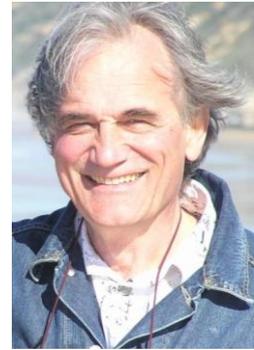


# Supervision

## in systemic constellation work

*A long-term group for both professional and personal growth*

*With Dr. Albrecht Mahr*



The purpose of supervision is to better understand our own professional work, both theoretically practically / experientially so that increased competence, ease and joy will support our professional unfolding while growing personally accordingly.

### Content and Benefits

Participants work on both professional and personal questions by using constellations facilitated by Dr. Mahr and by colleague-participants.

Thus the supervision serves several aims:

- Supervision constellations on difficult, intractable situations in therapy, counseling or other professional encounters with clients.
- In depth clarification of participants' personal issues that interfere with their work. As a result we can expect enhanced efficiency, joy and humor in our work.
- Organizational constellations on the workplace as an organization, social system and financial venture interacting with many surrounding fields that, to the better or the worse, strongly influence our concrete work situation.

Both personal and organizational factors have a strong impact on healthy challenge (i.e. positive stress) or on its opposite, burn-out.

- Ongoing learning on facilitation: by observing the teacher's facilitation which in itself is ongoing work in progress; by the participant's own facilitating under supervision; and by extensively sharing and evaluating experience and theory.
- Systemic constellation work as practiced in supervision is a transpersonal practice, i.e. it invites consciousness to naturally move to its larger-than-personal space. The often surprisingly effective positive solutions have their roots in exactly that transpersonal realm that is strongly nourished in the context of a cooperating peer group.

### The Long Term Perspective

Many years of experience with long term supervision groups have taught us that participants move through an ever deepening process of mutual trust on both the professional and the personal level. Step-by-step what really moves us and our clients can be revealed, shared and transformed in the presence of compassionate witnesses – a never ending and ever more rewarding common expedition.

### Prerequisites

- Basic familiarity with constellation work is required.

Participants should apply systemic constellation work in their daily work – be it therapists, consultants, coaches who are working practically with constellations in individual or group settings; be it individuals from a large spectrum of helping and advising professions (social workers, pastors and priests, teachers, lawyers, politicians, artists etc.) who are applying systemic theory, thinking and perception in their respective professional field.

### Practical Agreements

18 participants and 50% men are preferable. Once the group is complete it meets twice a year for 2 ½ days.

You agree to participate and pay for the whole period of two years (four meetings). You have your unique place in the group, and if you cannot attend during one or more of the meetings you cannot give it away to be replaced by someone else.

After two years (i.e. four modules) a participant can leave and a new member will join the group.

### Dates

December 15-17, 2011, October 4-6, 2012

June 8-10 and October 3-5, 2013

### Finances and Application

SEK 4 500 / module (moms tillkommer).

To apply, send an email to [info@askis.se](mailto:info@askis.se)