

SYSTEMIC Constellations FORUM Stockholm in June 2015

Two Teaching Seminars, one Evening Lecture and a full day of Supervision

Evening Lecture, Thursday, June 11

Nicholas Vayiakakos:

Initiation into Adulthood - a Living Experience of a Family System Integration

Teaching Seminar, Friday-Saturday, June 12-13

Nicholas Vayiakakos:

Models of Clarity – Reshaping Careers, Teams and Organizations. A professional training in the phenomenology of professional life.

Teaching Seminar, Sunday-Monday, June 14-15

Jakob Robert Schneider and Sieglinde Schneider:

Family Constellations by Conflicts of Couples. The impact and resolution of critical events in couples' relationships.

At least half a day is devoted to Constellation work in an individual setting, led by Sieglinde Schneider.

Supervision, Tuesday, June 16

Jakob Robert Schneider and Sieglinde Schneider:

Supervision for Professionals in Constellation work

Teaching Seminars are open to therapists, counsellors, consultants, coaches and others with basic knowledge of systemic constellation work.

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Supervision is open for system therapists, counsellors and consultants.

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The Teaching seminars are also included as training modules in the Systemic Constellations training offered by Svenska Hellinger Institutet and ASKIS, Akademin för Systemiska Konstellationer i Sverige.

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Teaching Seminar:



Models of Clarity – Reshaping Careers, Teams and Organizations

Training in the phenomenology of professional life

“Clear means transparent, not clouded by anything. Where something is transparent I have a clear view which allows me to perceive with precision” [Bert Hellinger, *Pure Consciousness*, 2010].

Clarity in perception implies clear memories, expression in clear words, and a clear focus on the people with whom we are in mutual dependency. This is *Clarity in external perception*. But emotions, especially threatening together with secret wishes, strong desires and rejection, distort clarity in perception. As a result, illusions are capturing our horizon. Here it is important to get a clear picture of the situation, and clear insights in order to make clear steps towards **Solutions**. This clarity is like an achievement, pure and makes

people feel good and brings joy, for it is part of **Love**.

Success is perceived as the ultimate goal for a career, a team or a whole enterprise. But, are we clear whether our success is serving life in a special way or comes at the expense of others?

Personal or team victories, winning in a challenge, forced competition in order to survive, all these situations may be viewed with a renewed **Internal Clarity**, whether they serve life and collective unity.

This Teaching Seminar is looking with clarity at the **Phenomena of Personal & Collective Success**, in a **Balanced Exchange** between them, to add **More Value** to your desired **Transformation**. The Teaching Seminar includes Systemic Exercises with all participants.

Nicholas Vayiakakos, Athens

Facilitator and Trainer in *Systemic Constellation Work* (Family and Organizational Systemic Phenomenology) for 10 years, having been trained with Hellinger, Beaumont, Weber, Mahr, Schneider, Baxa et.al. He practices *Deep Memory Process & Ancestors Work* of R.Woolger, and delivers *NLP & Coaching* certification studies to professionals.

Founder & Director of the *Life Alphabet*® System, an Athens-based training and counselling Centre for Personal and Professional Development since 1999. Together with his wife Anna he develops and delivers

a series of programs and supportive material to individuals, couples and group clients.

Nicholas is the Editor of the LIFE ALPHABET® EDITIONS - with more than 30 titles in the series of “Systemic Thinking & Praxis” and “Transpersonal Fields”, and author of the book “Basic Principles of Family Constellation of Bert Hellinger”. He has translated from Swedish into Greek and published Charlotte Palmgren’s book “*If only you knew how much I love you!*” *About love in family relations. A book about Bert Hellingers Family constellations* (2008).



Nicholas Vayiakakos

Teaching Seminar:

Family Constellations by Conflicts of Couples

The impact and resolution of critical events in couples' relationships.

The success of love between a man and a woman is perhaps our greatest longing and when it does not work our greatest pain. Couples' love always arrives at borders which are challenging but also help the couple grow.

Relationship conflicts arise out of two main sources. One area involves critical events which occur in the relationship itself, which burdens the relationship and often have a separating effect. This would include, for example, the death of a young child, infertility or a serious personal injury or trauma.

The second area involves the effects from the families of origin of

the two partners, including experiences and imprints as well as the critical events and fates of the original family members. Seminar participants may bring personal issues or cases. The important elements of couples' therapy will be demonstrated and discussed in this context.

Jakob Schneider will **demonstrate his work with couples in a group setting** and Sieglinde Schneider will show how to work with couples in an individual setting with the help of **table figures**. At least half a day is devoted to constellation work in an individual setting.

Jakob Robert Schneider & Sieglinde Schneider, Munich

Jakob Robert Schneider specializes in systemic counseling and group therapy. He is counsellor in a church institution of counseling couples and families.

Since 1985, he is counseling and giving group-therapy in free practice, as well as being a supervisor in different social institutions and clinics. Furthermore, he works internationally as a trainer for constellation work. Jakob Robert Schneider is also the author of "Family Constellations – Basic Principles and Procedures".

Sieglinde Schneider. Formerly a Teacher of German and Religion and a School Counsellor, Sieglinde has become well known for her work offering individual constellations. She is a Systemic Family Counsellor and works internationally as a trainer for constellation work in individual and couples therapy.

She got to know Bert Hellinger in 1980, and was able to watch him work in many small and larger workshops and started in the 1990's to transfer the constellation work in groups to the constellation work with figures.



Jakob Robert Schneider



Sieglinde Schneider

Evening Lecture:

Initiation into Adulthood

A Living Experience of a Family System Integration

Initiation is declaring a Beginning and an Introduction, a ceremonial entering into any group. This is really a rite of passage, marking the entrance into, and acceptance by, the system to which we belong. Initiation into the family system implies also the formal admission into Adulthood and, in an extended sense, signifies a Transformation in which the initiate is "reborn" into a new role: as an Adult.

During this lively lecture and presentation, we will use Systemic Constellations both as a tool for *transcendental dialogue with Adulthood* and as a *transpersonal field* for facilitating a client's *Family System Integration*.

Thursday evening, June 11



Supervision Day:

Supervision for Professionals in Constellation Work

The supervision day is open to participants who use systemic constellations in their practice, both one-to-one and in groups. During this day participants may present client cases (both individuals and couples) or bring a personal issue to be high lightened. There will be room for questions regarding the work and possibly small group work.

Both Jakob Robert Schneider and Sieglinde Schneider will supervise, each with their individual perspective and experience. Sieglinde will mostly supervise using dolls, whereas Jakob Robert will focus more on group representation using the floor and live representatives.

Tuesday, June 16

Seminar Hours:

09.30 - 17.30.

Evening Lecture:

18.00 - 21.00

Supervision Day:

09.30-17.00

Place: Hälsans Hus

Fjällgatan 23B,
Stockholm

Choose freely among seminars and evening lecture.

Coffee, tea, cake & fruit included.



Regular Prices

1 seminar: SEK 4250 (3400 + VAT 850) (EUR 445 approx.)

2 seminars: SEK 7250 (5800 + VAT 1450) (EUR 760 approx.)

Supervision Day: SEK 2250 (1800 + VAT 450) (EUR 235 approx.)

Evening Lecture: SEK 500 (400 + VAT 100) payable on site, ask for receipt.

All fees payable in SEK (VAT omitted only for EU participants with a local VAT number)

Early-Bird-Prices (until March 15)

SEK 3750 (3000 + VAT 750) (EUR 390 approx.)

SEK 6750 (5400 + VAT 1350) (EUR 705 approx.)

SEK 2000 (1600 + VAT 400) (EUR 209 approx.)

Early-Bird-Prices up until March 15, 2015

Questions and Application form, Gunilla : info@askis.se.

Apply by May 15, 2015