



# Seeing with Your Heart Constellations Workshop

With Dan Cohen, PhD and  
Emily Blefeld, LICSW

Stockholm July 28-29, 2018

*"Dive into the darkness to find the light..."*

*Rise into the light to free its shadow."*

Human life swims in a sea of consciousness. We are inhabited and surrounded by it. It moves in us, around us and through us. Seeing with Your Heart Constellations open our perception to this consciousness allowing us to experience where the push of the past and pull of the future merge into an exquisite tapestry of possibility.

Dan Cohen and Emily Blefeld use an evolutionary form of Systemic Constellations in which the dimensions of consciousness come alive. Participants open their body's capacity to perceive the presence of human consciousness that survives death

## Seeing with Your Heart

and the divine presences, archetypes, and nature elementals that are beyond human scale. This consciousness beyond the ordinary is awakening our hearts to the call for humans to learn to be human in our finest, most evolved form.

This weekend will demonstrate their approach to release patterns of oppression and of trauma inherited from generations. It invites you to take your place among the growing chorus of humans who are opening to what is possible for the journey through this most incredible life as a human being.



Dan Cohen,  
PhD and  
Emily Blefeld,  
LICSW

**Dan Cohen, PhD** is an internationally known psychologist, trainer, author and Constellations facilitator. He specializes in recognizing how current everyday issues and problems can be traced beyond the family system into the dark caverns of historic trauma and oppression. His Constellation practice model views the fields of ancestral and spirit consciousness as territory to be explored and used for reducing violence, alienation and suffering.

Dan was trained in Systemic Family Constellations by its founder, Bert Hellinger, and many of the leading European trainers of this method. He has led workshops and trainings in 16 countries in Europe, Australasia and South America and throughout the United States.

**Emily Blefeld, LICSW** is a psychotherapist, Systemic Family Constellations trainer, and innovator in consciousness who combines her knowledge of the hidden pathways of consciousness with clinical modalities, sacred ceremony, and wisdom traditions. Emily helps change-agents, visionaries and entrepreneurs uncover hidden patterns and habits, release limiting beliefs, impulses, and fears, and open to passion, pleasure, and purpose. Her experiential processes invite participants to access their hearts as an organ of perception and amplify their bodies' natural capacity to perceive and integrate the resonance that link family members across distances of migration and generations. Emily serves on the faculty of the North American Systemic Constellations Intensive and has led workshops and trainings in Scotland, Ireland, Australia, New Zealand and across the United States.

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### Dates, Venue & Application:

July 28-29, 2018. Saturday at 10 am - 6 pm, Sunday 9.30 am - 4.30 pm

**Venue:** Blå vinden, Tomtebgatan 6A (Vasastan, Stockholm)

### Prices:

**Early-bird until June 1st: SEK 3000 (2400 + VAT 600)**

Regular, after June 1st: SEK 3750 (3000 + VAT 750)

**Application:** Use this [form here](#).

**Questions to** Gunilla Boivie, [gunilla@askis.se](mailto:gunilla@askis.se)

**Organizers:** Charlotte Palmgren, SHI, and Gunilla Boivie, ASKIS