



# FROM OPPRESSION TO FREEDOM





# SEEING WITH YOUR HEART CONSTELLATIONS

With Dan Cohen, PhD & Emily Blefeld, LICSW



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Seeing with Your Heart Constellations enhance our body's evolutionary capacity to perceive and integrate the ordinary, ancestral and spiritual dimensions of consciousness that are at the core of what it means to be human. Emily and Dan will demonstrate their unique approach to using constellations to release patterns of oppression and trauma inherited from generations past.

Through personal and group processes, you will contact the roots of negative beliefs, impulses, and fears and transform your shadow of pain — so you can open your heart to greater dimensions of peace, presence, love and purpose.

## FIND OUT MORE...

## REGISTER

Email audmarit@krysalis.no

VISIT

SeeingWithYourHeart.Com

## **HOSTED BY**

Aud Marit Viken Esbensen KRYSALIS AS. Senter for Systemiske Konstellasjoner

## **DATES**

January 25th -27th , 2019

#### LOCATION

Venue will be in Oslo or surrounding area