## Seeing with Your Heart Constellations Workshop & Master Class

## With Dan Cohen and Emily Blefeld

**OSLO January 24-28, 2019** 

"Dive into the darkness to find the light... Rise into the light to free its shadow."

Human life swims in a sea of consciousness. We are inhabited and surrounded by it. It moves in us, around us and through us. Seeing with Your Heart Constellations open our perception to this consciousness allowing us to experience where the push of the past and pull of the future merge into an exquisite tapestry of possibility.

Dan Cohen and Emily Blefeld use an evolutionary form of Systemic Constellations in which the dimensions of consciousness come alive. Participants open their body's capacity to perceive the presence of human consciousness that survives death and the divine presences,

# Seeing with Your Heart

archetypes, and nature elementals that are beyond human scale. This consciousness beyond the ordinary is awakening our hearts to the call for humans to learn to be human in our finest, most evolved form.

These days will demonstrate their approach to release patt-

terns of oppression and of trauma inherited from generations. It invites you to take your place among the growing chorus of humans who are opening to what is possible for the journey through this most incredible life as a human being.

- Choose between Evening lecture, Workshop and Master Class – 1,2 or all 3!



Dan Cohen, PhD and Emily Blefeld, LICSW

**Dan Cohen, PhD** is an internationally known psychologist, trainer, author and Constellations

facilitator. He specializes in recognizing how current everyday issues and problems can be traced beyond the family system into the dark caverns of historic trauma and oppression. His Constellation practice model views the fields of ancestral and spirit consciousness as territory to be explored and used for reducing violence, alienation and suffering.

Dan was trained in Systemic Family Constellations by its founder, Bert

Hellinger, and many of the leading European trainers of this method. He has led workshops and trainings in 16 countries in Europe, Australasia and South America and throughout the United States.

#### **Dates & Hours**

Evening lecture Thurs Jan 24th: 18:00-21:30

Workshop: Friday Jan 25th, 18:00 - 21:00

Saturday Jan 26th, 10:00 - 18:00

Sunday Jan 27th, 10:00 - 17:00

Master Class (for practitioners only): Monday 28th, 10:00-17:00

**Emily Blefeld, LICSW** is a psychotherapist, Systemic Family Constellations trainer, and innovator

in consciousness who combines her

knowledge of the hidden pathways of consciousness with clinical modalities, sacred ceremony, and wisdom traditions. Emily helps change-agents, visionaries and entrepreneurs uncover hidden patterns and habits, release limiting beliefs, impulses, and fears, and open to passion, pleasure, and purpose. Her experiential processes invite participants to access their hearts as an organ of perception and amplify their bodies' natural capacity to perceive and integrate the resonance that link family members across distances of migration

and generations. Emily serves on the faculty of the North American Systemic Constellations Intensive and has led workshops and trainings in Scotland, Ireland, Australia, New Zealand and across the United States.

## **Early-bird Prices & Application:**

Evening lecture with exercises, January 24th: NOK 350 Workshop January 25th-27th: NOK 3600 (NOK 3825) Master Class, January 28th: NOK 1700 (NOK 1870). Regular prices in ()

Seeing

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**Combo prices**: A) Apply for all 3 events, and get the lecture for free, and a 400 NOK discount on the workshop. B) Apply for lecture and workshop, and get the lecture for free.

Application to: https://goo.gl/forms/I4oeotg0Dv8GD2yB2

Questions: <u>audmarit@krysalis.no</u> or <u>gunilla@askis.se</u>

Venue: Oslo area, Norway

Early bird ends December 20th, 2018

### www.krysalis.no www.askis.se